

Sport Showcase



Part of Middlesbrough College

TAKING  HIGHER

Predicted Grades Form



Please fill in this form with as much detail as you can.

Why do I need to fill this in?

So we can help you choose the right course and give you the support you need when you start.

If you miss this step, we might not be able to confirm your place.



Scan the QR code using
your smartphone camera

We also have paper copies of this form if you need one, please just ask!

Reform Information



Just so you are aware, the government are making changes to some of the qualifications that Colleges offer.

This is to help make it simpler to pick a course that matches your future job or university plans, by replacing older courses with a smaller number of options.

We are introducing new qualifications under the guidance of the Government. Meaning we might have some new courses added later in the year. Don't worry though, we will keep you updated and you can choose what you do at enrolment!

If you receive a conditional offer from us for a course areas and we change the qualification type, we will let you know but your offer will still remain with us.

Entry Requirements

Level	Entry Requirements	GCSE Resits
Level 1	At least four GCSEs at Grade 1 or above, including English language and maths.	Learners who have not achieved Grade 4 or above in GCSE English language and/or maths will have these subjects added to their timetable.
Level 2	At least three GCSEs at Grade 3 or above.	
Level 3	L3 Sport & Physical Activity: At least four GCSEs at Grade 4 or above, including English language and maths. L3 Sport & Exercise Science: At least five GCSEs at Grade 4 or above, including English language, maths and sciences. L3 Personal Training: Learners must complete the Level 2 qualification in Fitness Coaching to progress.	

Entry requirements can be found on our website and are subject to change without prior notice so please review these before coming to enrol.

Level 1 Certificate in Sport

What will I study?

Modules include:

- Participating in Sport
- Sports Coaching
- Effects of Exercise on the Body Systems
- Strength and Conditioning
- Assisting at a Sports Event

How will I be assessed?

You will be assessed through assignments, practical tasks, group work, peers assignments, voluntary work and other activities.

What can I do next?

You can progress onto:

- Level 2 Sport course, or
- Level 2 Fitness Instructing course

Good to know

This course will give you an insight into the sports industry, with particular focus on supporting sporting and leisure activities and events as well as sports leadership.



Level 2 Certificate in Sport

What will I study?

Core modules include:

- Participating in Sport
- Anatomy and Physiology for Exercise
- Developing Sporting Skills and Tactical Awareness
- Sports Coaching

What can I do next?

You can:

- Progress to a suitable Level 3 course
- Gain employment within the industry

How will I be assessed?

You will be assessed through a variety of methods, consisting of written assignments, power point presentations, poster presentations, practical tasks, demonstrations, discussions, group work and voluntary work.

Each assessment will be graded pass, merit or distinction.

Good to know

This course is both practical and theoretical and is suitable for those who have an interest in sport, coaching or fitness.

You will also undertake voluntary work in a sport and leisure environment.

Level 2 in Fitness Coaching

What will I study?

Modules include:

- Anatomy
- Principles of fitness training
- Principles of nutrition
- Health and safety in a fitness environment
- Professionalism and customer care
- Conducting consultations
- Planning and delivering
- Leisure team operations

How will I be assessed?

You will be assessed through scenarios, written questions, observations of practical and multiple choice knowledge assessments.

What can I do next?

You can progress onto:

- Level 3 Diploma in Personal Training
- Other Level 3 sports and fitness related courses

Good to know

This course will give you the qualification to work as a fitness instructor and access the bolt on courses included in this qualification.

Level 3 in Sport and Physical Activity

What will I study?

Year 1:

- Anatomy & Physiology
- Fitness, Training and Programming
- Professional Development
- Practical Sports Performance

Year 2:

- Sports Leadership
- Sports Event Organisation
- Business in the Sport & Active Leisure Industry

How will I be assessed?

Assessment for this course will be through:

- Scenarios
- Written questions
- Observations of practical
- Multiple choice knowledge assessments

What can I do next?

You can:

- Progress onto higher education at University
- Seek an apprenticeship
- Gain employment

Good to know

You will complete both practical and theoretical work in a range of environments, learning about the principles of anatomy and physiology in sport and fitness units.

Level 3 in Sport and Exercise Science

What will I study?

Year 1

- Functional Anatomy
- Applied Psychology and Research Methods
- Biomechanics
- Specialised Fitness Training

Year 2

- Sport and Exercise Physiology
- Field and Lab Testing
- Sports Massage and Nutrition

How will I be assessed?

You will be assessed through a variety of different methods, including:

- Assignments
- Presentations
- Practical observations
- External examination

What can I do next?

You can:

- Progress onto higher education at University
- Seek an apprenticeship
- Gain employment

Good to know

You will also complete Fitness Instruction qualifications alongside the main programme.

You can study this course for two years to achieve the Extended Diploma where you can earn up to 168 UCAS Points.

Uniform, kits & PPE

What will I need?

Required:

Shorts
T-shirt

Optional:

Quarter zip
Track pants
Hoodie
Socks



How do I get this?

Total Sport North-East

Further details will be provided when you complete your enrolment in August.

How much will it cost me?

Certain students may be able to claim a bursary of £350 per year, subject to means testing. Bursaries are linked to attendance, performance and behaviour.



SPORTS ACADEMIES



Launched in 2012, MC ELITE (Elite Level Institute of Training & Excellence) is where precision meets power, strategy meets strength, and ambition meets performance.

Built for dedicated, high-potential athletes, it delivers prestigious, top-level coaching, industry-leading facilities and a performance-focused mindset.

- \ Basketball
- \ Cricket
- \ Esports
- \ Men's Football
- \ Women's Football
- \ Golf
- \ Gymnastics
- \ Swimming
- \ Volleyball

BORO X MC ELITE

We are proud to partner with Middlesbrough FC, offering Men's U19 and Women's U19 pathways that help create future pathways into football, higher education and employment!



You don't need to be doing a sports course to join one of our sports academies!

ELITE
MINDS.

ELITE
PERFORMANCE.

ELITE
FUTURES.



STUDENT PERKS

TRAVEL



TRAVEL

SHUTTLE BUS

TRAIN

FINANCIAL HELP



FREE Wi-Fi, £5 printing credit and subsidised stationery costs



FREE student parking
Subject to availability.



10% discount on great food



20% discount on hair and beauty treatments, plus a free haircut in your first term!



College gym membership for just a one-off £10 fee!



FREE* college meals
**If you currently receive free school meals, this could continue at college.*



Trips & Visits

Comondale (Induction trip)

Madrid

Rome

Barcelona

Level X

Evolve Sport

Les Mills Global

Pure Gym

Northern Strength

Everyone Active

R&C Schools Sports Partnership



Around the world **WITH MC**



Expectations



Attendance
Punctuality
Commitment to the course
Interest in the subject area
Communication

Conditional Offers

Conditions of your offer include:

- **Getting the grades you need for your course/subjects**

Entry requirements can be found on our website and are subject to change without prior notice so please review these before coming to enrol.

- **Approval from our Learning Support or Safeguarding Teams (if required)**

Some extra checks may still need to be completed behind the scenes – but, if anything changes regarding your application, they will contact you directly.

- **Fully enrol during our Main Enrolment period (19th and 27th August)**

19th – 23rd August is used for priority enrolment appointments, so please make sure you are available on these dates as a minimum, but we advise not being away for main enrolment.

- **Places on your course being available at Enrolment**

Even if you've got an offer, your place on the course isn't confirmed until you enrol. Some courses fill up fast – especially in the first few days of enrolment!

Additional Learning Support



Our friendly teams can help you with your learning.

If you have declared an EHCP:

We might pause your application while The SEN Team speak to your local council to check your plan.

We may also contact you to book an appointment with one of our ALS team leaders.

Do you have SEN support at school?

Ask your school SENCo to share it with us so we can plan the right support for you.

Other support?

The Cube Team will help you with things like exam support (extra time, readers etc), dyslexia checks, tutoring, and study skills. This can all be sorted when you start with us!

For any support queries, contact: sen@mbro.ac.uk

Enrolment

Enrolment (19th – 27th August)

Enrolment is by **appointment only** and is based on offer date/status per application. It is important that you attend your priority enrolment appointment for the best chance of securing your place.

We strongly recommend not going on holiday during our main Enrolment period. Details will be sent during the summer via email and letter.

Enrolment must be **completed in person by the student**, as we do not offer alternative enrolment options.

Important Dates

Please make a note of these dates, and avoid booking holidays on them:

- 19th August: GCSE Results Day
- 19th – 27th August: Main Enrolment

Next Steps

What happens next?

We will confirm your conditional offer within 10 working days via email and letter

In some cases, extra checks may need to be completed first with our ALS/Safeguarding team which can delay this.

Your next steps – via the applicant page:

- Review the Showcase presentation and find other useful information
- Accept your conditional place
- Book a place on the taster sessions (optional)
- Onsite enrolment (19th – 27th August)



Scan the QR code, or use the link in your offer email and letter to access the applicant page

LAUNCH YOUR CAREER with an Apprenticeship!



Part of Middlesbrough College

What is an apprenticeship?

An apprenticeship is a real job where you:

- ↳ **Earn a wage**
- ↳ **Gain hands-on experience**
- ↳ **Study towards a recognised qualification (usually one day a week at college)**



Apprenticeships available in:

- ↳ **Accountancy**
- ↳ **Beauty**
- ↳ **Business Administration**
- ↳ **Catering and Hospitality**
- ↳ **Childcare, Healthcare and Education**
- ↳ **Construction**
- ↳ **Dental nursing**
- ↳ **Engineering and Manufacturing**
- ↳ **IT, Digital, Marketing and Media**

The current
min wage for an
apprentice is:

£8 /hour
for U19s



Your **CAMPUS**



CONSTRUCTION YARD



LRC



FITNESS STUDIO



MC THEATRE



WATERSIDE BRASSERIE



SPORTS HALL AND
ASTROTURF PITCHES



AIRPLANE MOCK FUSELAGE



HAIR AND BEAUTY SALONS



CAMPUS HEART



HEALTH AND CARE WARD



RECORDING STUDIOS

MODERN Facilities

We are always developing our campus and facilities to support the growth of skills in the Tees Valley.



Electric and Hybrid Motor Vehicle Workshop



State-of-the-art Clinical and Community Care Simulation Suite for Health & Care programmes



Top-spec Esports room



Specialised Welding equipment to meet industry needs



13 new classrooms and workspaces for Construction, Engineering and TTE



State-of-the-art £35m Engineering Technical Training Centre

Financial ASSISTANCE

	Household income		
	<£45,000*	£45,001 – £100,000*	Over £100,000*
Free College Meals (16–18 students / 19–23 with EHCP only)	Eligible for £4 per day if the household is in receipt of a means tested benefit** including Universal Credit		
Bus Travel (Arriva & Stagecoach)	FREE	FREE	£60 per term***
Train Travel****	Reimbursed	Reimbursed	X
MC Bursary (if not receiving Free Meals)	£3 per day ^Δ	X	X
Specialist Equipment	YES	X	X
Mandatory Trips / Visits	YES*****	X	X
UCAS Fee	YES	YES	X
Childcare – Care to Learn (16–19yr old student)	YES	X	X
Childcare – College Funded (20yrs+ student)	YES	X	X

* Earned income plus Universal Credit amount (if applicable)

** Universal Credit / State Pension / Asylum Support

*** Payment due after October half term / after Christmas holidays / after Easter holidays

**** Designated train stations only. Students are required to purchase the 16–17 saver rail card. Tickets must be handed in weekly

***** The bursary fund can only be used to support learning activities and experiences that are clearly mapped to the student's study programme goals or course objectives therefore, each trip award is assessed on an individual basis and is not guaranteed

Δ Bursary paid weekly and based on positive attendance

For further details, please see the Middlesbrough College financial policy located on our website: www.mbro.ac.uk

Around the world **WITH MC**



Careers AND EXPERIENCE

We're not just here to help you succeed in the classroom. We're here to support you in the real-world, too!

CAREERS TEAM

Whether you're aiming for university, an apprenticeship or your dream job, our Careers Team is here to help you with:

- ↳ One-to-one careers guidance
- ↳ CV, job and apprenticeship application support
- ↳ University and UCAS application support
- ↳ Employability skills development
- ↳ Grofar – a smart digital tool to plan and track your work placements and enrichment



WORK PLACEMENTS Stand out from the crowd!

You'll benefit from:

- ↳ Strong links with top local, regional and national employers
- ↳ A dedicated Work Placement Coordinator who'll support you every step of the way and has connections with employers in your chosen industry sector
- ↳ Tailored work placements that fit your course and career goals
- ↳ Travel card support so you can easily get to your work placement
- ↳ Boosted confidence and employability skills



STUDENT SERVICES Here for you



Your wellbeing matters.

That's why our Student Services Team is always on hand to support you!

We offer:

- ↳ **Free, confidential counselling**
- ↳ **Dedicated welfare and safeguarding officers**

If you need a hand, we've got your back.

ADDITIONAL LEARNING SUPPORT (ALS)

We are committed to providing a learning environment in which there is equality for all members of our community.



Our specialist services include:

- ↳ Dyslexia / Dyscalculia Support Tutors
- ↳ Extra maths and English support
- ↳ Communication Support Workers for the deaf
- ↳ IT trainers for the visually impaired
- ↳ Specialist Learning Support Assistants to support students with emotional, behavioural and social difficulties or neurodiversity
- ↳ Assistive technology and software resources
- ↳ Special exam arrangements

The ALS Hub is located on the ground floor of the college. Why not come along and check it out?

Why not **SEE IT FOR YOURSELF?**

The best way to experience life at Middlesbrough College and TTE is to visit us at one of our open events.

Explore our industry-standard facilities, meet our expert tutors, discover the courses that interest you, and get a real feel for student life. If you're ready, you can even apply when you visit us!

2026/27 OPEN EVENTS

Thu 1st October 2026

5:15pm – 7:30pm

Wed 7th October 2026

5:15pm – 7:30pm

Sat 7th November 2026

9:30am – 12:00pm

Thu 3rd December 2026

5:15pm – 7:00pm

Wed 20th January 2027

5:15pm – 7:00pm

Wed 10th March 2027

5:15pm – 7:00pm

Thu 6th May 2027

5:15pm – 6:30pm

Tues 15th June 2027

5:15pm – 6:30pm

Apprenticeship Expo

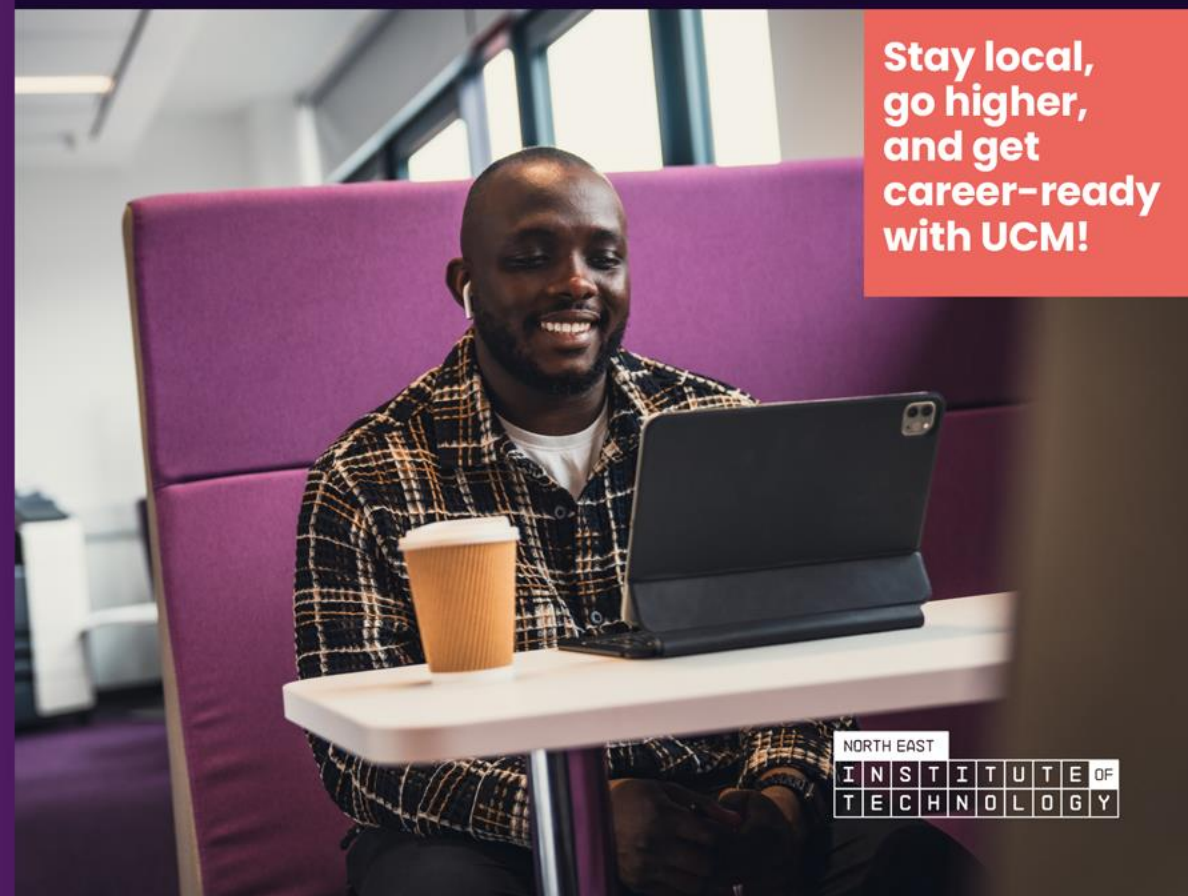
Tue 9th February 2027
4:00pm – 6:00pm

YOU DON'T HAVE TO GO FAR TO GO FURTHER!



At University Centre Middlesbrough you'll find:

- › Career-focused degrees designed in collaboration with employers
- › The chance to gain professional qualifications alongside your degree
- › Smaller class sizes and more one-to-one support
- › A supportive, close-knit community where you're known by name
- › More teaching hours than traditional universities



**Stay local,
go higher,
and get
career-ready
with UCM!**

NORTH EAST
INSTITUTE OF
TECHNOLOGY



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WhatsApp

We are on WhatsApp!
07979 111 313