

BTEC Applied Psychology – Year 2



Welcome to Applied Psychology!

We are the study of the human mind and behaviour and while studying psychology here you will look at the main psychological theories and apply them to specific behaviours such as stress, addiction, changing health behaviours and mental health.



In second year we will be covering Unit 3 and Unit 6.

Unit 3: Health Psychology (Exam)

In Unit 3 we will explore health related issues, such as stress and addiction. You will look at explanations and causes of these behaviours, what treatments are available and how psychologists might influence people going through them to change their behaviour.

Unit 6: Introduction to Psychopathology

In your first assignment, we will look at the history of mental health, back from when asylums were used to how it has changed today. In your second assignment, you will look into a specific mental disorder (e.g. schizophrenia) and look at what causes the disorder and what treatments are available.



Exam Dates

Unit 1: 6th January 1:30pm

Unit 3: 14th January 1:30pm

Assignment Deadlines

Assignment 1: 12th February

Assignment 2: 25th March



Contact Us

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