



SAFEGUARDING SPOTLIGHT



The Safeguarding Team

SAFEGUARDING AND WELFARE OFFICERS

Each department has an allocated Safeguarding and Welfare Officer. They work with students who are vulnerable or unsafe for a number of different reasons, these could include concerns around exploitation or abuse of any kind, homelessness, sexual violence or harassment, prevent and radicalisation, drug or alcohol misuse, mental health or any other safeguarding concern.

They can also guide students to self help resources for wellbeing issues.

The team work closely with external services such as the police, social care and many more.

If there are concerns around a students safety, regardless of age, they may need to make a referral to the police or social care.

Students can drop into the wellbeing centre in the main building to speak to someone, A Level students can go up into the loft in MC6 and 2QS students can ask for Adam.

They can also speak to any staff member and they will make a referral, or text **SAFE** to 60081



VULNERABLE STUDENT & TRANSITION OFFICERS

Our Vulnerable Student & Transition Officers support our care experienced students and young carers.

Students who are in the care of the local authority can drop into the wellbeing pod. VSTO's are responsible for managing PEP's and supporting transition in and out of college. They can ensure students are getting the necessary financial support and liaise with any external support workers.

MENTAL HEALTH TEAM

The Mental Health team are also based in the Wellbeing Centre in college. They can offer free counselling to students, referrals externally to Impact, and liaise with external support services such as CAMHS to ensure you have a full support package around you. Counselling is not always the most suitable option for everyone, the college also offer Wellness Check Up's.

You will be offered up to 6 one-to-one sessions where we will take time to listen and understand your needs. Together we can agree a well-being plan that focuses on your priorities and connect you with activities, events and organisations that can help you feel better.

Some of the areas we look at are below but we can also focus on anything that is causing you difficulty:

Social (Connecting with others / relationship difficulties / Isolation)

Emotional (managing feelings, mental wellbeing, building resilience)

Physical (Sleep, Health, physical activity, nutrition)

Education (Motivation & focus, satisfaction with your course, maintaining life balance)

Financial (Money management, housing)

[CLICK HERE TO MAKE AN
INITIAL SUPPORT
APPOINTMENT](#)

MC SOCIAL CLUB

Feeling lonely can be difficult.

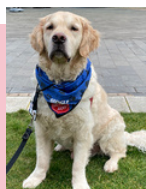
MC social club is for any student that feels they would benefit from meeting new people. If they find themselves sitting alone at lunch, leaving college early or not joining in activities because they don't feel they have anyone to connect with.

Come and speak to Tom in the thrive pod!
Wednesday's & Fridays

Thrive Pod - Main Building

12-1pm

CHAPLAINCY SERVICE



Chaplaincy gives a chance for students (and staff) of any faith, or none, to come and have a chat.

It's good to talk!

Sometimes it's helpful to be able to explore questions about life in a bigger way or perhaps just to talk about your own life and how it feels to be you.



Chaplaincy helps people to feel they are valued and to realise their worth.
Working alongside the college's Safeguarding and Welfare Team.

[CLICK HERE TO BOOK AN APPOINTMENT](#)

Please be aware we cannot guarantee confidentiality.

There may be times we have to share information with local authorities, police or parents/carers, regardless of age.