

# | Middlesbrough College

# | Cert. HE Health, Wellbeing and Social Care

| Programme Specification

Aarch 2023



# Programme specification

(Notes on how to complete this template are provided in Annexe 3)

# 1. Overview / factual information

1. Overview / factual information		
Programme/award title(s)	Cert HE Health, Wellbeing and Social Care	
Teaching Institution	Middlesbrough College	
Awarding Institution	The Open University (OU)	
Date of first OU validation	2018	
Date of latest OU (re)validation	May 2023	
Next revalidation	May 2028	
Credit points for the award	120	
UCAS Code	A141	
HECoS Code	100476	
LDCS Code (FE Colleges)	00303479	
Programme start date and cycle of starts if appropriate.	September 2023	
Underpinning QAA subject benchmark(s)	<u>Health Studies (2019)</u> <u>Social Policy (2019)</u>	
Other external and internal reference points used to inform programme outcomes. For apprenticeships, the standard or framework against which it will be delivered.	SEEC Credit Level Descriptors <u>Framework for Higher Education Qualifications</u> <u>QAA Quality Code</u> <u>QAA Characteristics Statement: Foundation Degree</u>	
Professional/statutory recognition	N/A	
For apprenticeships fully or partially integrated Assessment.	N/A	
Mode(s) of Study (PT, FT, DL, Mix of DL & Face-to-Face) Apprenticeship	Full Time, Face to Face	
Duration of the programme for each mode of study	FT – 1 year.	
Dual accreditation (if applicable)	N/A	
Date of production/revision of this specification	March 2023	



Please note: This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if s/he takes full advantage of the learning opportunities that are provided.

More detailed information on the learning outcomes, content, and teaching, learning and assessment methods of each module can be found in student module guide(s) and the students handbook.

The accuracy of the information contained in this document is reviewed by the University and may be verified by the Quality Assurance Agency for Higher Education.

#### 2. Programme overview

2.1 Educational aims and objectives

The overall aims of the programme are to:

- develop knowledge, understanding and the ability to apply concepts, theories and the ethics and values that underpin the care and support of individuals in health and social care;
- Enhance the awareness of, and ability to apply to practice relevant key legislative frameworks and policies;
- provide appreciation of the changing nature of health and care provision in the UK;
- generate knowledge, confidence and understanding of how to empower and safeguard the wellbeing of vulnerable individuals;
- nurture reflective skills to enhance student's self-awareness and ability to recognise scope of practice;
- enhance key transferable skills relevant to academia, employability, and lifelong learning.

#### 2.2 Relationship to other programmes and awards

(Where the award is part of a hierarchy of awards/programmes, this section describes the articulation between them, opportunities for progression upon completion of the programme, and arrangements for bridging modules or induction)

The Certificate Higher Education in Health, Wellbeing and Social Care matches the content of the first year of the Foundation Degree Health, Wellbeing and Social Care



and as such students have the option to 'step off' after one year of study with a recognised qualification or to progress to the second year of the Foundation Degree Health, Wellbeing and Social Care.

Students can apply for professional courses upon completion of the Cert. HE Health, Wellbeing and Social Care. Completion of the full Foundation Degree Health, Wellbeing and Social Care enables students to apply to top-up their Foundation Degree with a bespoke BSc (Honours) Health, Wellbeing and Social Care. Students can also apply for employment in a range of roles within Health and Social Care.

2.3 For Foundation Degrees, please list where the 60 credit work-related learning takes place. For apprenticeships an articulation of how the work based learning and academic content are organised with the award.

Students who are not currently in employment in the health and social care sector will usually commence placement practice from Week 6 of the programme and will complete 100 hours (e.g. 15 days x 7 hours) per year. Placements are currently organised by the College and a Placement Co-ordinator appointed by the College. Placements are vetted according to College policy and procedures to ensure the suitability and safety for the students. For applicants in employment, a letter of support from the manager is required.

Students are prepared for placements during the theory component of the 40-credit work-based learning module; WBL: Health and Social Care Practice. In the WBL module, an e-Portfolio is used as a record of practice experience corresponding to the Standards of the <u>Care Certificate</u>. Students are also introduced to the Essential Evidence required for the successful completion of the e-Portfolio and support is provided through the WBL handbook.

Students are supported in practice by a Practice Mentor and an Academic Tutor. The Practice Mentor is a nominated member of staff from the practice setting who is an experienced practitioner; their role is to support the student during their work-based practice. The Practice Mentor will normally hold a registered qualification - e.g. social worker, nursing or a registered manager's qualification - and have a minimum of two years post-registration experience. The Practice Mentor provides learning opportunities and resources relevant to the programme and ensures a safe learning environment.

The Practice Mentor and student are also supported by the Academic Tutor, who will visit the student and Practice Mentor if this is required at any point during the programme to discuss the student's progress. The Practice Mentor is involved in supporting the student to construct their Personal, Professional Development Plan and provide formative progress reviews throughout the placement. All Mentors sign to confirm that:

- 1. Any written work the student has completed is relevant to the practice setting.
- 2. The student has completed the required practice hours.
- 3. The student has behaved in a manner that demonstrates safe and effective practice relevant to their role.



4. The student has worked with clients and colleagues in a respectful manner that is commensurate with the service/organisation's code of conduct.

The Academic Tutor and Placement Mentor are available for support via telephone or email at any point in the programme, particularly where the Mentor or student has concerns e.g. regarding the student's practice or the Practice Placement. The Practice Mentor is provided with a Mentor Handbook detailing their role and responsibilities. The Mentor Handbook also includes details of the programme and the student's learning requirements, including assessments and dates for formative meetings in practice.

Practice Mentor workshops are offered biannually to provide training and introduce them to the requirements of the e-portfolios. The workshops are also an opportunity for dialogue, sharing or good practice, and problem-solving between Mentors from different practice settings. The first workshops is offered in the autumn term once students have been allocated to a placement and Practice Mentors have been identified. The second workshop, taking place in early Spring Term, has a 'focus on finishing' emphasis to ensure students are on track to complete Practice Placement successfully.

#### 2.4 List of all exit awards

Certificate in Higher Education (Cert HE) Health, Wellbeing & Social Care [120 Credits]



**3. Programme structure and learning outcomes** (*The structure for any part-time delivery should be presented separately in this section.*)

Programme Structure - LEVEL 4					
Compulsory modules	Credit	Optional modules	Credit	Is module	Semester
	points		points	compensatable?	runs in
Academic Study Skills and Digital Literacy	20			Υ	1 and 2
Safeguarding Vulnerable Individuals	20			Υ	1
Health and Wellbeing in Context	20			Υ	2
WBL: Health and Social Care Practice	40			Ν	1 and 2
Principles of Assessment and Care Planning	20			Y	1 and 2

# Intended learning outcomes at Level 4 are listed below:



Learning Outcomes – LEVEL 4		
3A. Knowledge and understanding		
Learning outcomes:	Learning and teaching strategy/ assessment methods	
A1: Describe, explain, and utilise key elements, theories and concepts that underpin health and wellbeing.	A1: The modules <i>WBL: Health and Social Care Practice</i> and <i>Health and</i> <i>Well-Being in Context</i> use a combination of lectures, seminars and workshops to introduce key elements, theory and concepts that underpin health and wellbeing. Students are encouraged to discuss their own observations and experiences (particularly in relation to their placement) and utilise this dialogue as the basis for developing an understanding of sociological concepts. Activities are used to reinforce both the language used within the sector and professional expectations. This activity is assessed via five reflective accounts within an e-portfolio, as well as the reflective care study where students are required to utilise these concepts	
A2: Describe, explain and apply legislation, policies and guidelines relevant to health, social care and public health.	A2: The module <i>WBL: Health and Social Care Practice</i> provides an underpinning of legislation, policy and guidelines relating to health and care in general. All written work should be supported with the relevant policy and guidelines that underpins practice. In the module <i>Safeguarding Vulnerable Individuals</i> , the focus moves to legislation as it links directly to the safeguarding of vulnerable individuals within health and care. All modules cover relevant legislation and policy associated with the specific topic area, for example, within the <i>Health and Wellbeing</i> <i>in Context</i> module there is a significant focus upon the Care Act 2014 and how this is used to support individuals with care needs.	



Learning Outcomes – LEVEL 4			
3A. Knowledge	3A. Knowledge and understanding		
A3: Identify and explain the importance of ethics, values and codes of practice in the health, community and social care settings.	A3: The module <i>WBL: Health and Social Care Practice</i> introduces the students to concepts and theories relating to ethics and professional principles of health and care. Students' e-Portfolios are mapped to the standards within the <u>Care Certificate</u> and students are assessed on their ability to demonstrate knowledge and understanding, skills and practical experience relating to these standards. Throughout their reflective care study, students are expected to demonstrate knowledge and understanding of the ethical, professional and legal issues relating to their area of practice. The module <i>Principles of Assessment and Care Planning</i> requires students to apply values and key points from the codes of practice to the assessment and care planning process, ensuring that equality, diversity and inclusion are central to outcomes. Teaching strategies involve the use of care studies/scenarios (as do the summative assessments) that allow students to build their understanding and knowledge of what constitutes good practice in assessment and care planning		
A4: Identify and explain the changing nature of health, social care and public health provision in the UK, focusing on contemporary issues.	A4: The module <i>Health and Wellbeing in Context</i> explores the changing nature of health and social care since the introduction of the welfare state, including social change and political influences. Students are facilitated to explore concepts associated with the move away from institutional care and towards person-centred care and the policy and processes that have contributed to the changes. This activity includes the patient voice and narratives used to promote the rights of oppressed and minority groups.		



Learning Outcomes – LEVEL 4		
3A. Knowledg	e and understanding	
A5: Describe and explain person-centred care and strategies used to empower, safeguard and minimise risk for individuals within their care	<b>A5</b> : The module <i>Safeguarding Vulnerable Individuals</i> employs a combination of lectures, seminars and research tasks to promote knowledge and understanding of the strategies used to safeguard individuals and to assess and minimise risks within multiple settings. Tutorials are utilised to provide verbal feedback for students' presentations and workbooks. In the module <i>Safeguarding Vulnerable Individuals</i> , the focus moves to legislation as it links directly to the safeguarding of vulnerable individuals within health and care. The module <i>Principles of Assessment and Care Planning</i> requires students to understand and recognise risk in the context of the assessment and care planning process and to balance the right to take risk with safegaurding. Stratgeies to aid the aquisition of knowledge and understanding in this area will include lecture style sessions that embed real cases/lived expereicnes across a range of groups including children and adults that have disability, mental health issues etc.	



Learning Outcomes – LEVEL 4		
3A. Knowledg	e and understanding	
A6: Describe, explain and utilise key elements of evidence-based practice.	<b>A6</b> : The module <i>Academic Skills and Digital Literacy</i> introduces students to evidence-based practice approaches to finding and selecting research. Lectures are used to introduce the students to PICO/PIO and formulating research questions. Workshops are used to support the development of searching in academic databases using Boolean Operators. Students are assessed via their ability to produce an essay using academic conventions for writing, based on a research question, demonstrating structured search techniques and utilising the evidence/ research and data that they have located. The module <i>Principles of Assessment and Care Planning</i> is underpinned by the legislation, policy and theory relevant to the assessment and meeting of need. Via lectures students build knowledge and understanding which they then utilise 'in practice' via the case studies presented in class and in the final assessments, thus ensuring their actions and the decision-making process is evidence based. Other strategies that will be employed includie supervised workshops that will allow students to search for local services that may be appropriate to include in a care plan. Findings from research on available services will be shared in the group in an exchange activity that makes use of peer learning/feedback. Sessions will also provide students with the opportunity to view and discuss care planning templates (acquired from current practicioners) and 'practice' in completing documentation will be a practical element of the sessions	



3B. Cognitive skills		
Learning outcomes:	Learning and teaching strategy/ assessment methods	
B1: Gather, record and justify data and information from a range of sources to demonstrate application of best available evidence to support practice in the health and social care sector.	<b>B1:</b> The Academic Study Skills and Digital Literacy module introduces key concepts in evidence-based practice including the use of PICO/PIO/PEO to formulate questions and search academic databases. This activity is assessed via a series of questions in a workbook where students formulate their own focused question, conduct and record a search and write an essay applying the best available evidence to the focused question. This activity is further developed in the module <i>Work-Based Learning Health and Social Care Practice</i> , where students use a reflective model to identify an aspect of practice and an approach/ intervention. Their reflective writing involves applying the best available evidence to effective care practice within the student's practice setting.	



3B. Cognitive skills			
B2: Apply given tools/methods accurately and carefully to a well- defined problem related to health and social care and appreciate the complexities of associated issues.	<b>B2:</b> The module <i>Safeguarding Vulnerable Individuals</i> uses a series of keynote lectures to introduce students to the strategies used to both respond to and minimise the physical and psychosocial effects of abuse. Students are also encouraged - through the use of media case studies relating to social work interventions - to identify strengths and limitations of the approaches within a complex situation. This activity is further developed through the use of a serious case review within the assessment that uses a workbook to enable students to consider these strategies and their complexity. The module <i>Principles of Assessment and Care Planning</i> will have guest speakers from some of the key local services and students will have the opportunities in class to work though the assessment and care planning process using case studies thus enabling them to synthesise the history taking aspect of assessment with the patient's needs and preferences resulting in the production of a meaningful care plan.		



3B. Cognitive skills			
B3: Recognise the provisional and changing nature of knowledge and practice related to client/user/carers in the health and social care sector.	<b>B4:</b> The module <i>Safeguarding Vulnerable Individuals</i> is delivered in the first 15 weeks of the programme reflecting the importance that students understand their role and the actions that they may need to take whilst working with vulnerable individuals within health and social care. Lectures and seminars encourage students to explore the historical context of safeguarding and how it has changed over time. This activity is completed by exploring and examining policy and guidance as well as through utilising additional resources that illustrate the changing nature of the sector. The module <i>Holistic Context of Care</i> extends the knowledge that has been developed throughout the programme in relation to policy developments within health and social care and the wider social, economic and political influences on the sector. Students are assessed via a 3,000-word essay that examines the changing relationships within health and social care.		



3C. Practical and professional skills			
Learning outcomes:	Learning and teaching strategy/ assessment methods		
C1: Recognise the limits and boundaries/scope of practice of workplace roles and work collaboratively and positively with others.	<b>C1</b> : Within the e-Portfolio assessment in the module <i>WBL: Health and</i> <i>Social Care Practice</i> , students reflect upon their ability to work collaboratively with others. Students are also expected to understand their role fully, as this is one of the standards within the <u>Care Certificate</u> to which they are required to map their knowledge and understanding, skills and experiences. In the module <i>Principles of Assessment and Care</i> <i>Planning</i> meaningful discussion will also be introduced into the sessions and developed around barriers to the person-centred approach such as competing perspectives in the form of funding and ideas generated by family members that may be contradictory. These issues will also be embeded into the assessments to ensure students develop awareness and problem solving staregies in relation to boundaries and working alongside others.		



3C. Practical and professional skills		
C2: Recognise the importance of ethical and legal frameworks/codes of practice, which ensure the primacy of service-users' interests and wellbeing, safety and respects confidentiality.	<b>C2</b> : The module <i>Safeguarding Vulnerable Individuals</i> is assessed using a workbook and explores student's knowledge of codes of conduct and guidelines to promote the safety and wellbeing of service users. To promote understanding of safeguarding issues and practice, case studies observed in the BBC Documentary 'Someone to Watch over Me' and a range published SCRs/SARs are used within formal teaching sessions. These activities enable students to observe and reflect upon procedures and practices which in turn, influence their own skill set. The formative assessment also familiarises students with the typical contents and requirements set out in a work-based safeguarding policy. In the module <i>Principles of Assessment and Care Planning</i> there will be opportunities in class and a formative assessment task that help students recognise the importance of balancing expressed need with ethical and legal requirements and media (SCIE etc) will also be used to demonstrate skills in practice and promote discussion.	
C3: Demonstrate confidence in managing lifelong learning skills	<b>C3</b> : The module <i>Academic Skills and Digital Literacy</i> introduces the students to concepts relating to key transferable skills required for lifelong learning, such as academic writing, research and referencing. The module <i>WBL: Health and Social Care Practice</i> further develops these skills but also adopts a reflective approach that enables students to identify their strengths and weaknesses and develop a personal and professional development plan based on the areas that they wish to develop. This emphasis on self-awareness is further developed in the compassionate care learning and development tool.	

Programme Specification | Cert. HE Health, Wellbeing and Social Care



3C. Practical a	nd professional skills
C4: Demonstrate a compassionate, person-centred and holistic approach to care.	<b>C4</b> : The <i>Health and Wellbeing in Context</i> module uses lectures and seminars to extend the knowledge developed in the module <i>WBL HSC Practice</i> relating to compassionate, person-centred and holistic care. Students are assessed (in an essay) on their ability to suggest the type of care/service provision that may be required depending on a person's stage in their lifespan; for example, older people may require care and support to enable them to stay in their own homes and for their wellbeing. Students are then required to look at approaches utilised in the sector and how they can adopt a person-centred and holistic approach. In the module <i>Principles of Assessment and Care Planning,</i> opportunities in class and a formative an assessment task will help students build skills in relation to compassionate and person-centred care and media (SCIE etc) will also be used to demonstrate skills in practice and promote discussion. Lecture style sessions will also provide underpinning knowedge in relation to person-centred care and practice sessions in class, using case studies will allow students to develop skills in this area and informal feeback will support progression of these skills.
<b>C5:</b> Review, monitor and reflect upon personal progress within the work/practice setting, utilising recognised tools.	<b>C5</b> : The module <i>WBL: Health and Social Care Practice</i> introduces students to key reflective tools - such as skills scan and SWOC. The module assesses student's ability to reflect upon the progress they make in a personal and professional development plan. Students receive formative feedback from both Academic and Practice Mentors three times over the year to support their reflective process. Students also use reflective tools to consider incidents that have resulted in new knowledge, skills or understanding within their practice setting.



3D. Ke	y/transferable skills
Learning outcomes:	Learning and teaching strategy/ assessment methods
<b>D1:</b> Develop and implement a personal development plan.	<b>D1</b> : The module <i>WBL: Health and Social Care Practice</i> assesses students on their ability to develop and implement a personal and professional development plan to improve their professional and academic skills.
D2: Utilise writing skills appropriate to the context.	<b>D2</b> : In the modules; <i>Academic Skills and Digital Literacy; Safeguarding Vulnerable Individuals;</i> The <i>Health and Wellbeing in Context and WBL: Health and Social Care Practice</i> students are required to identify and utilise writing skills appropriate to the context. A variety of assessment methods are employed within the programme including essays, workbooks, reflective accounts and an e-Portfolio. The module <i>Principles of Assessment and Care Planning</i> will enable students to develop and utilise writing skills appropriate to context as students will have access to professional assessment and care planning documentation and will have opportunities to complete these documents (using case studies) and gain feedback. It is expected that students will initially take notes when assessing but the formal documents are produced digitally with due regard given to the use of professional language/terminology, concise but meaningful narrative etc.



3D. Key/tra	ansferable skills
D3: Utilise evidence-based practice techniques to search academic databases.	<b>D3</b> : The Academic Skills and Digital Literacy module introduces the students to the concepts that are required for searching academic databases. This skill is also embedded in all modules and students are facilitated - through the use of research tasks - to develop these key literature-searching skills. From induction onwards, students are informed of the generic marking criteria and the importance of using academic source material. Students are warned about the impact of failure to utilise appropriate source material upon their grades and achievement.
D4: Prepare and deliver presentations	<b>D4</b> : The module <i>Health and Wellbeing in Context</i> assesses the student's ability to undertake a 10-minute individual presentation.
D5: Demonstrate appropriate IT skills.	<b>D5</b> : The modules <i>WBL: Health and Social Care Practice</i> and <i>Academic Skills and Digital Literacy</i> assess students' abilities to demonstrate appropriate IT skills. These skills ae assessed through the completion of the NHS Digital certificates and the production of an e-Portfolio.

# [Please insert here title(s) of exit award(s) at Level 4, if applicable]

Cert HE Health, Wellbeing and Social Care [120 Credits]



### 4. Distinctive features of the programme structure

- Where applicable, this section provides details on distinctive featurs such as:
- where in the structure above a professional/placement year fits in and how it may affect progression
- > any restrictions regarding the availability of elective modules
- where in the programme structure students must make a choice of pathway/route
- Additional considerations for apprenticeships:
- > how the delivery of the academic award fits in with the wider apprenticeship
- > the integration of the 'on the job' and 'off the job' training
- how the academic award fits within the assessment of the apprenticeship

#### 4.1 Delivery Schedule

Figure One (below) illustrates module delivery pattern for the programme across the 30-week, full-time academic year. The grey cells indicate weeks in which the module is delivered. The flexibility of this delivery pattern ensures student workloads are optimised, where appropriate, allowing students to complete assessments early in the academic year.

Credits	Week:	1	2	3	4	s	б	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
20	Academic Study Skills and Digital Literacy																														
20	Safeguarding Vulnerable Individuals																														
20	Health and Wellbeing in Context																														
20	Principles of Assessment and Care Planning																														
40	WBL: Health and Social Care Practice																														

#### Figure One

#### 4.2 Employability and Progression

The Certificate in Higher Education Health, Wellbeing and Social Care has an excellent work-based element and as such, enhances student outcomes. Students benefit from a range of placement support to ensure that they gain the maximum benefit from the experience. The award enhances student employment potential and provides a gateway to further professional study.

Successful students can choose to progress onto a competency-based health care professional three-year degree. Alternatively, they can follow a non-competency route and enter Year 2 of the Foundation Degree Health, Wellbeing and Social Care, with the option of further progression onto a bespoke top up BSc (Hons) degree at Level 6.

The use of innovative assessment strategies produces confident and articulate students who recognise the importance of person-centred care, wellbeing, and individual safety.



#### 5. Support for students and their learning

(For apprenticeships this should include details of how student learning is supported in the workplace)

#### 5.1 Induction

The following activities are provided in Induction Week:

- Students are given an induction to the College IT systems, this includes the VLE and any other communication/file sharing tools necessary. Any required support is also provided
- Students also have an induction session with the College Learning Resource Centre staff.
- Students are provided with Programme Handbooks. The Programme Handbook provides details of learning and support resources available to students at this level of study. It also includes contact details of relevant staff and an overview of the programme, including module timetables and assessment dates.
- Students have the opportunity during induction week to meet with the programme team and staff that they may come into contact with throughout their programme.
- Induction includes information about the range of support that is available to students; this includes an explanation of the different academic staff and roles that they may encounter throughout the programme such as Programme Leader, Module Tutor, Personal Tutor, Higher Education Office staff, including the Director of HE.
- alumni speak to new students about their experience of the programme.
- a representative from the Student Union helps to elect student representatives.

#### 5.2 Engagement Support

Engagement is monitored closely to ensure that all students are getting the best from the programme. Should a student need to miss a session for any reason, they are required to email the lecturer beforehand. Where a lecturer notes that a student is absent with no prior warning, the student is contacted at the end of the session, asking if the student is well and reminding the student that they are required to inform lecturers if they cannot attend.

Where a student misses three consecutive sessions, the year tutor also contacts the student with an invitation to attend a formal meeting. Where attendance problems persist, the year tutor works with the college student support staff who, where necessary, direct students to the relevant confidential support (personal, financial, etc.). Where students are facing difficulties, it is vital to ensure they get the right support and



where necessary, decide to withdraw or suspend as the timing of any withdrawal/suspension can affect their student loan.

### 5.3 Tutorial and Pastoral Support

- Student tutorial opportunities are embedded in all modules. Formative and summative feedback tutorial sessions are also designed into each module and feedback tutorial sessions are listed in Module Handbooks.
- Students are assigned a Personal Tutor in the first few weeks of the programme and are encouraged to meet with their Personal Tutor at least once a term, who will discuss, record and monitor their progress. The Personal Tutor is able to provide pastoral and educational guidance throughout the programme. This guidance may include signposting students to workshops and seminars available to support students for academic and life skills development available at the College.
- The programme team is relatively small and includes the Personal Tutor and Academic Mentor (as practice link), this consistency of academic support is designed to enhance communication, feedback and support for students across the modules and year.
- Students are introduced to the HE Additional Needs Coordinator and the support services available are outlined to them at induction. This support may also be suggested in written assessment feedback. If a specific need is recommended for a student - e.g. assessment for dyslexia - this need is highlighted to the Programme Leader who liaises with the HE Additional Needs Coordinator, who is responsible for arranging the referral and supporting the student through the process. The outcome of this process is fed back to the student and Programme Leader so that any specific needs/resources or reasonable adjustments can be addressed.
- Academic tutorials are an opportunity to raise pastoral issues which may be having an impact on a student's academic performance. Tutors can offer support and advice and, if required, direct students to further support services available within the College.

### 5.4 Equality, Inclusion and Diversity

At Middlesbrough College we strive to ensure equality, diversity and inclusion in every aspect of our provision. We recognise and appreciate individual uniqueness and believe these should be embraced. We foster a culture where every individual feels supported, valued, respected and accepted regardless of their age, race, ethnicity, disability, gender identity or expression, sexual orientation, religion, or any other characteristic that makes them who they are.

Every programme reflects our commitment to create an inclusive environment where each individual has equal opportunities to achieve and succeed. Discriminatory practice, unconscious biases and systemic barriers are challenged and eliminated. We will continue to develop a learning environment where we celebrate diversity, treat everyone with respect, dignity and fairness.



Inevitably, within this programme there will be a focus on wider structural and cultural issues that can potentially result in exclusion and disadvantage. These issues will be discussed and addressed at a module level and will be responsive to high profile events, media focus and the changing nature of society.

### 5.5 Supporting Transition to Level 4

- Students are introduced to academic study skills and principles of evidencebased practice to enhance their searching skills in the *Academic Study Skills and Digital Literacy* module. This module prepares students for the demands of higher education study and embraces the wide diversity of students attending the programme.
- Throughout the programme, key academic skills are embedded within the modules and students are encouraged to reflect upon their feedback and use this to improve their written work.

### 5.6 Reassessment Period

Tutorials and all essential resources are provided for students who are offered reassessment opportunities by a properly constituted Exam Board.

#### 5.7 Academic Support

The delivery of many modules is based upon individual sessions that consist of two parts – a lecture (which introduces concepts and theory) followed by a facilitated session in which students undertake some form of research activity that encourages the increasing independence of students to find and locate academic source material. This delivery strategy ensures that theory is always applied, that key academic skills, knowledge and understanding are regularly checked, and that formative feedback is continuous as well as focussed at specific points in academic year.

In addition to in-session help, students can also make appointments to get support from:

- Members of the programme team module leaders and lecturers.
- The programme leader & year tutors: the programme leader (who has overall responsibility for the programme) is available to discuss assessment extensions and barriers to learning. Programme team members are identified to act as personal tutors and are available to discuss emerging issues with personal circumstances and support needs.

Students are supported throughout the programme to explore their progress and determine their continued learning needs through reflection, so developing the attributes necessary to become lifelong learners.

At key points during the academic year, students are supported to identify their continuing personal development needs and are also offered opportunities to review additional educational provision and career opportunities available to them. A Career Service is available within the College. This activity includes help with completing applications for further study or employment and interview technique.

#### 5.8 Programme Documentation and Online Learning Support

Programme Specification | Cert. HE Health, Wellbeing and Social Care



Students are provided with programme and module handbooks that contain comprehensive information on how their programme and modules are structured and delivered. These documents are also available to students throughout each academic year (and for the duration of their registration) via the College Virtual Learning Environment (VLE). All teaching and learning content is made available via the VLE. This online resource includes lecture notes and a range of materials. Assessments are communicated to and submitted by students using the VLE.

# 5.9 IT Support

Students can also access remote support for learning via the college <u>Reboot scheme</u> and log IT support requests via the <u>HALO system</u>.

### 5.10 Library and Learning Resources

Students can access a range of resources through the college Learning Resource Centre (LRC) and associated online services. Online services are listed in the background document. Students can access specific sessions with the LRC staff regarding advanced academic and research skills. This activity is introduced as part of the induction sessions at the start of each year but can be revisited again throughout the year in refresher sessions. LRC term time opening hours are:

- Mon 08:30 -17:00
- Tues Thurs 08:30 20:00
- Fri 08:30 16:30

College holiday opening hours:

- Mon Thurs 08:30 16:00
- Friday 08:30 15:30

The LRC has space for individual and group study, including a quiet study area. There are multi-function printers on both floors. All physical books are stored in the LRC, allowing for easy access. In addition to the textbooks, fiction titles and wellbeing books are available to help students relax. Enrichment sessions offered as part of the service are held in the STEAM Lab within the LRC.

The LRC has been involved in the production of the documentation for this programme, all reading lists have been checked for updated versions and new titles purchased. The LRC provides books, e-books, and e-journals for each programme and subscribes to specialist databases needed for students to complete their assignments.

An online LRC Information section is maintained by the LRC (on M365). This is where students can search for books, e-books and e-journals, using:

- Heritage Online for books and e-books
- <u>Discovery</u>, our one stop shop for books, e-books and e-journals
- E-resources List, which lists each platform we subscribe to individually, as we know that some students find Discovery too large. We also provide user guides, written and video, for all the e-resources on our E-resources Guides page

Programme Specification | Cert. HE Health, Wellbeing and Social Care



Each course has a dedicated HE LRC Guides page on LRC Information, which provides quick links to Heritage Online and Discovery, as well as links to:

- Information and research skills pages which include a list of copyright free and open access resources
- Referencing
- The course's reading list

The LRC offers information skills support on the following:

- Searching expertly
- Referencing
- Using e-resources
- Using Microsoft Office

This is done in a variety of ways:

- Online through LRC Information or in groups either in groups or through Teams, sessions are bookable through the <u>Request Tutorial</u> page on LRC Information
- For quick queries e-mail at <u>LRCinfo@mbro.ac.uk</u>, telephone on 01642 333226 or in person in the LRC

#### 5.11 Virtual Learning Environment (VLE)

Every programme uses the College VLE which is a key resource to support student learning as well as engagement with the programme and the College in general. All teaching materials and general course information is backed up on the VLE, ensuring that students can access what they need when they need it. The VLE is also used as a portal to other sources of support. Students can access the programme of informal workshops designed to support their learning, including: improving writing style and referencing, planning assignments, developing critical thinking and other key skills.

#### 5.12 Additional Learning Support

Any student that considers that they have, or may have, additional learning support needs can access a range of support through the college. Initial assessments by the college HE Additional Needs Coordinator (ANC) are provided to support understanding of the range of support that may be needed which will then trigger the provision required. Students declaring any additional need receive a formal assessment, after which the programme team are advised on the steps they must take.

#### 5.13 Student Services

All students can access college student services which are based in the Dock Street building which has its own reception and drop in facilities. As well as general advice about the College, the student services team also provide: counselling, financial support, learning support and signposting to additional or partner services.

#### 5.14 HE Student Areas

All HE students have areas in the college that are exclusively for their use. In the University Centre, all HE students have access to an open-plan working area, which has access control to retain its exclusivity. As well as the open-access area, students Programme Specification | Cert. HE Health, Wellbeing and Social Care



may also use the teaching rooms and meeting/tutorial rooms when they are not in use for a pre-booked activity. Access to the University Centre is available 08:00 – 21:00.

#### 5.15 The 'Job Shop'

The college has its own 'Job Shop' which provides a range of support to students. As well as advertising vacancies provided by local employers, the Job Shop also provides a range of support to students, including: help with job applications, CV writing, interview preparation, job searching, writing covering letters and finding work experience. All the support is available either through drop/bookable appointments or via on-line tutorials.

#### 5.16 The Fitness Studio

All students are entitled to free membership of the Fitness Studio. The Techno Gym equipped facility, provides a range of cardiovascular and resistance exercise equipment. Together with the latest innovations in IT wellness programme monitoring, students can engage in regular exercise in a friendly and easily accessible environment. Support and guidance are available during opening hours from experienced staff.

#### 5.17 Other facilities

The college has a wide range of other facilities which students can access either free of charge or at subsidised or nominal rates. Examples include:

- 156 seat theatre which produces several performances throughout the year many of which are free for students to attend
- Hair Salon providing low-cost services
- Beauty Spa facility which offers:
  - jacuzzi, light therapy, sauna, steam room, flotation room, 39 private treatment rooms, and nail bar
- Fully equipped recording studios and control rooms.

#### 5.18 Laptop Scheme

Middlesbrough College's MC Click scheme provides all HE students with a Microsoft Surface to assist with their studies. Students who complete the laptop scheme for 2 years get to keep the device. Any student who leaves within 2 years is required to return the device to the College.

#### 6. Criteria for admission

(For apprenticeships this should include details of how the criteria will be used with employers who will be recruiting apprentices.)

#### 6.1 Criteria for Admission

Typically, applicants will hold a BTEC Level 3 qualification in Health and Social Care, Access to HE, or other related Level 3 qualifications or an A-Level profile that demonstrates strong performance in a relevant subject. All applicants are required to have English and Maths at GCSE Grade 4 or equivalent such as Functional or Key



Skills Level 2 Maths and English if not included in the above qualifications. Related work experience is preferable but not essential.

Non-standard entrants are interviewed to assess their ability to complete the course. This activity entails a review of any professional experience and training gained in the work place to ensure that this adequately prepares them to cope with the academic level of study.

Applicants who meet either of the above criteria are invited to a selection interview at the College. Acceptance for the programme is conditional upon the following:

- Successful enhanced DBS clearance.
- Documented evidence of employer and Practice Mentor support (where applicable).

At the point of enrolment at Middlesbrough College, students are required to declare whether they have ever received, or have pending, a criminal conviction, caution, reprimand, final warning or prosecution. Middlesbrough College has a legal and moral duty to safeguard and promote the welfare of all children and vulnerable adults. Having a criminal conviction will not necessarily prevent a student from studying this programme, however, their acceptance will be determined by nature of the offence, students may also be provided with information regarding limitations on career opportunities following completion of the program. Procedures are in place to support any student making a declaration of a criminal offence and provide appropriate guidance.

#### 6.2 Recruitment Strategy

Over the past few years, new marketing strategies have been developed by the College HE management and *HE Marketing Working Group* and approved by the College's Academic Board. These strategies include improving HE materials on the College's revamped web site, a College HE Prospectus, more focussed Level 3 and Foundation Degree Graduate Progression events and targeted marketing to Level 3 and Foundation Degree students in print and social media.

### 7. Language of study

English.

# 8. Information about non-OU standard assessment regulations (including PSRB requirements)

N/A



# 9. For apprenticeships in England End Point Assessment (EPA)

(Summary of the approved assessment plan and how the academic award fits within this and the EPA)

N/A

# 10. Methods for evaluating and improving the quality and standards of teaching and learning

# 10.1 College HE Teaching and Learning

The College has recognised the importance of having a distinct approach to HE learning and teaching for over ten years. The first HE specific Learning and Teaching process was introduced in 2009. Subsequent reviews and updates in 2011 and 2014 have enhanced the process to reflect the aims of the <u>UK Professional Standards</u> Framework and prepared the College to meet the expectations of the <u>Teaching</u> Excellence Framework.

Many of the innovations established in the evolution of this process have been subsumed into the current Cross-College Learning and Teaching model for all levels, including a non-graded observation process. The underlying principle is to place the student at the centre of the process to ensure that their learning and attainment of learning outcomes drives the process. Underpinning this has been a focus on ensuring that lecturing staff are fully engaged in the process to match outcomes to professional discussion and peer review. These approaches have been further refined to form part of the college departmental review process.

### 10.2 Observation of Teaching and Learning (OTL)

The OTL process for HE provision has been contextualised to reflect the differences between HE and FE. The OTL process for FE courses is based upon the expectations of the Common Inspection Framework, whereas the HE model is aligned to the expectations of the <u>UKPSF</u> and the <u>TEF</u>. Central to the process is the student as an independent learner, developing their academic skills as they progress through their academic career.

The college model distinguishes between different levels of study and differing abilities of the students. At Level 4, teaching staff take a lead role in the student learning process, but as students progress, the balance gradually evolves so that the students become leaders/co-leaders of learning. To facilitate this model, student learning and reflection may not take place at the same time as content delivery, making it difficult for an observer to see the product of the model. To work around this, the OTL process for HE lessons is based on mapping the observation of the session to the scheme of work and planned assessment tasks.

The outcome of the OTL forms the basis of a professional discussion with a Teaching and Learning mentor as well as with members of the HE teaching team, to ensure that good practice is shared across the College. Any trends identified from OTL reports or



staff feedback are used to inform relevant CPD activity.

# 10.3 Feedback from Students

Another input to the process of evaluating and improving the quality and standards of teaching and learning is feedback from students. Feedback emerges through several routes. The most significant is through module evaluation questionnaires. In addition to five-point Likert scale questions, students are asked to state 'what worked and what could be improved' regarding any aspect of the module. The results and comments from the module evaluation questionnaires feed into module reports. Student feedback is also collected from induction surveys, the Student Reps, the NSS and in both formal and *ad hoc* tutorials.

# 10.4 Staff Workforce Development

Improving the quality and standards of teaching and learning is also a focus of the internal and external workforce development (WFD) sessions. Academic staff attend a range of internal and external staff development events aimed at improving teaching and learning. The academic year 20/21 saw the introduction of Teaching Innovation Groups (TIG).

# 10.5 Staff New to HE

All staff new to teaching HE at the College are required to hold a relevant degree and a PGCE as part of the terms of their employment. A higher degree is desirable for all staff and for those teaching Level 6, holding a relevant level 7 qualification or the commitment to study for one is essential. Staff new to teaching HE at the College receive initial tailored CPD to help them to make the transition.

### 10.6 Ongoing Subject and Pedagogic Development

All HE teams share resources and good practice via the HE Staff Zone located in the HEO. The area is set up to encourage HE staff from across the College to meet, both formally and informally, to share good practice and discuss ideas and approaches to module and programme design and delivery. All teaching staff are supported by more experienced members of the team who act as mentors. In addition, cross-college learning and teaching mentors, made up of advanced practitioners, provide 1:1 support to teams as well as tailored CPD sessions. The College has a research and scholarly activity procedure which encourages and supports staff to maintain and annually update both pedagogical and subject expertise.

### 10.7 HE Digital Champion

The College is focussed on providing the highest quality online provision to enhance programmes delivered face to face. Each department has been allocated a 'digital champion', who is an expert practitioner using Microsoft 365 for teaching and learning. Digital champions are the first point of contact for any staff member requiring support with online teaching and learning, and they regularly provide in person and online sessions tailored to the specific requirements of staff. Digital champions are managed by the College Director of Digital Innovation who holds regular cross-college meetings where information/updates are shared to be passed on to departments.



#### 11. Changes made to the programme since last (re)validation

The proposed changes include:

The inclusion of one new 20 credit modules at Level 4. This newly created module will allow for the introduction of assessment methods that focus specifically on the application of the knowledge and skills taught. To enable the additional module credits, the Work Based Learning module has been reduced from 60 credits to 40 credits.

The module entitled Principles of Assessment and Care Planning introduces students to the underpinning principles and the associated skills set that contribute to high quality care in this key area of practice. The module will cover essential elements related to assessment and care planning including the consideration of risk and safeguarding, personalisation, and multi-dimensional care planning, as well cultural and access requirements, all in the context of legal and organisation requirements. Underpinning theory in the form of models and frameworks of assessment will also be explored as will ethical principles such as ensuring that the process is informed by service-user and carer perspectives.

Students will also explore how individualised/responsive communication skills (verbal and written) help build rapport and how active listening can contribute to a person-centred assessment and a meaningful and creative care plan that meets the individual's needs, with an emphasis on ensuring the process is informed by service-user and carer perspectives.

A variety of teaching and learning strategies will be used to deliver the content and to provide formative and summative feedback to students. These strategies will emphasise learning opportunities and assessment that are 'active' and provide opportunities to apply theoretical learning. Individuals with lived experiences will be involved in the formation of scenarios for assessments.

This module is crucial, given that many graduates in this vocational area progress into the health and social care sector and contribute to the multi-disciplinarily approach. It is essential these graduates are well-rounded practitioners and possess skills within all facets of the profession.

Annexe 1: Curriculum map

Annexe 2: Notes on completing the OU programme specification template



# Annexe 1 - Curriculum map

This table indicates which study units assume responsibility for delivering (shaded) and assessing ( $\checkmark$ ) particular programme learning outcomes.

		Programme outcomes																		
Level	Study module/unit	A1	A2	A3	<b>A4</b>	A5	A6	B1	B2	B3	ភ	C2	ទ	C4	C5	Б	D2	D3	D4	D5
4	Academic Study Skills and Digital Literacy						~	~	~				~				~	~		~
	Safeguarding Vulnerable Individuals		~			~				~		~					~			
	Health and Wellbeing in Context	~			~			~						~			~	~	~	
	WBL: Health and Social Care Practice	~	~	~	~			~			~	~	~	~	~	~				~
	Principles of Assessment and Care Planning			~		~	~		~	~	~	~		~			~			



# Annexe 3: Notes on completing programme specification templates

1 - This programme specification should be mapped against the learning outcomes detailed in module specifications.

2 – The expectations regarding student achievement and attributes described by the learning outcome in <u>section 3</u> must be appropriate to the level of the award within the **QAA frameworks for HE qualifications**: http://www.gaa.ac.uk/AssuringStandardsAndQuality/Pages/default.aspx

3 – Learning outcomes must also reflect the detailed statements of graduate attributes set out in **QAA subject benchmark statements** that are relevant to the programme/award: <u>http://www.qaa.ac.uk/AssuringStandardsAndQuality/subject-guidance/Pages/Subject-benchmark-statements.aspx</u>

4 – In section 3, the learning and teaching methods deployed should enable the achievement of the full range of intended learning outcomes. Similarly, the choice of assessment methods in section 3 should enable students to demonstrate the achievement of related learning outcomes. Overall, assessment should cover the full range of learning outcomes.

5 - Where the programme contains validated <u>exit awards</u> (e.g. CertHE, DipHE, PGDip), learning outcomes must be clearly specified for each award.

6 - For programmes with distinctive study **routes or pathways** the specific rationale and learning outcomes for each route must be provided.

7 – Validated programmes delivered in **<u>languages other than English</u>** must have programme specifications both in English and the language of delivery.