

Monday

Time	Place	Activity
9am – 10am	Thrive Pod	Drop-in Enrichment*
10.30am – 11.30am	Sports Hall	Teambuilding
1pm – 2pm	Sports Hall	Cricket
2pm – 3pm	The LRC	Driving Theory Practice
3pm – 4pm	Sports Hall	Netball Academy**
3pm – 4pm	The MUGA	Soft Archery
3pm – 5pm	Astro Pitches	Football Academy**
3.30pm – 5pm	Sports Hall	Basketball Academy**
4pm – 5pm	Thrive Pod	Dungeons and Dragons
4pm – 5.30pm	Sports Hall	Volleyball Academy**

Tuesday

Time	Place	Activity
9am – 10am	Thrive Pod	Drop-in Enrichment*
10am – 11am	Thrive Pod	Drop-in Enrichment*
11am – 12pm	The MUGA	Football
1pm – 2pm	The MUGA	Football
2pm – 3pm	Thrive Pod	Drop-in enrichment*
3pm – 4pm	Sports Hall	Netball Academy**
3pm – 4pm	Thrive Pod	Drop-in Enrichment*
3pm – 5pm	Astro Pitches	Football Academy**
4pm – 5pm	Thrive Pod	Drop-in Enrichment*

Wednesday

Time	Place	Activity
9am – 10am	Thrive Pod	Drop-in Enrichment*
10.30am – 11.30am	Sports Hall	Table Tennis
1pm – 2pm	Thrive Pod	Chess Club
1.30pm – 2.30pm	Sports Hall	Women's Futsal
1.30pm – 2.30pm	Sports Hall	Netball Academy**
1.30pm – 2.30pm	Sports Hall	Volleyball Academy**
1.30pm – 2.30pm	Sports Hall	Basketball Academy**
2pm – 3pm	Thrive Pod	Drop-in Enrichment*
3pm – 4pm	The MUGA	Football
4pm – 5pm	Sports Hall	Cricket Academy**
4pm – 5pm	Thrive Pod	The LGBTQ+ Society
5pm – 6pm	The Blackbox Room (0.045)	Drama Club

Thursday

Time	Place	Activity
9am – 10am	Thrive Pod	Young Carers Society
9am – 10am	Sports Hall	Football
10am – 11am	LRC	Driving Theory Practice
11pm – 12pm	Thrive Pod	Environmental Society
1pm – 2pm	Sports Hall	Badminton
2pm – 3pm	The MUGA	Basketball
3pm – 4pm	The MUGA	Football
4pm – 5pm	Thrive Pod	Hope Fellowship
5pm – 6pm	Gym	Strength and Conditioning

Friday

Time	Place	Activity
9am – 10am	Sports Hall	Football
9am – 10am	Sports Hall	Women's Futsal
9am – 10am	Astro Pitches	Football Academy**
9am – 10am	Gym	Strength and Conditioning
10am – 11am	Thrive Pod	Drop-in Enrichment*
11am – 12pm	Thrive Pod	Drop-in Enrichment*
1pm – 2pm	Thrive Pod	Colouring club
2pm – 3pm	Sports Hall	Volleyball
3pm – 4pm	Thrive Pod	Table-Top Games
4pm – 5pm	Sports Hall	Basketball

If you have any questions, want to check availability and/or book onto any of the sessions please visit the Thrive pod.

*Drop-In Enrichment are enrichment sessions of your choice

** If you wish to participate in the sports academy sessions, please arrange a trial through the director of that sport or contact Samantha Leigh via Teams or email.