

Counselling & Mental Health Support

Based in the Wellbeing Centre

Taking you higher



Emma Betiku

el.betiku@mbro.ac.uk
01642 333868
07919394697

Mental Health

Advice and guidance Helpline

Confidential helpline offering support, advice, information and guidance

Tuesdays & Thursdays 12-1pm
01642 333868



Free & Confidential Counselling for all full & part time students

Monday – Friday 8:30am – 5pm



Referrals to external services

Such as Harbour, Arch, CAMHS etc.



Mental Health Ambassadors

Peer support from trained students



Counselling & Wellbeing Canvas Page



TTE



Middlesbrough College

